

Derek Hairon has ticked several things off his list already, including staying overnight on the Minquiers (right)



The Bucket List

Jack Nicholson and Morgan Freeman (left) star in the 2007 film The Bucket List as two terminally ill men who escape from a cancer ward and head off on a road trip armed with a list of things they want to do before they die. Though the film received mixed reviews from the critics, it struck a chord with audiences and became a box office hit.

In Portuguese, The Bucket List movie is titled 'Nunca é tarde demais', which translates as 'Never too late'.

The Polish version is titled 'Choc goni nas czas' which means 'although time is chasing us'.

Derek Hairon (56)

Sea kayak coach and walking guide

What's on your bucket list?

It's very much a places-to-go and things-tovisit list and a couple of must-get-round-to things.

• Visit New Zealand - everyone seems to rate the place as a great outdoor destination.

• Return to the west coast of Ireland which I first kayaked in 1978 during the first circumnavigation of Ireland by sea kayak. I'd like to revisit places and compare the photos. • Revisit Iceland and the Faroe Islands.

• Spend a week on either the Ecréhous or the Minquiers in one of the cabins.

• Kayak to the Casquets lighthouse off Alderney - the crossing is a bit like being in a pinball machine, with strong currents bouncing vou around.

• Make time to trace my family tree. Not sure what will turn up.

• Try to keep the garden under control a bit more.

Have you ticked anything off it already?

Have spent a few overnights on both the Minquiers and the Ecréhous and both places were remarkable. The window looking east out of the harbours hut has a superb view of the sunrise in summer.

Walked the GR20 in Corsica some years back. It's a high mountain route regarded as one of the toughest in Europe because you go up and down a lot. A superb but very hard walk. Vancouver and Nova Scotia were on the list

and were great fun.

